

# Shingles and Pain Management with Life Sources® Immuzyme®

I am getting healthier and able to cope with the pain because of the amazing Life Sources products. My only regret with the Life Sources protocol is not starting sooner!



Morgan Eslick (center), looking and feeling happy and healthy with her mother Linda (left) and friend, Heather (right).



## Resources

Each of the supplements detailed in this report is available at [www.life-sources.com](http://www.life-sources.com). In addition, Dr. McCreery offers individualized programs and support for such conditions. She can be reached at 916-536-9930 or via email at [info@life-sources.com](mailto:info@life-sources.com).

by Morgan Eslick of Life Sources Inc.

Twenty out of every 100 persons will get shingles in their lifetime. Most get it only once; however, 4 out of every 100 persons will have it more than once. Herpes zoster, or shingles, is the reactivation of the varicella-zoster virus, the same virus responsible for chicken pox. Although commonly thought to affect only those over 50, the debilitating pain of shingles can strike anyone at any age. Erupting along the affected nerves, lesions can happen anywhere on the body, causing the nerve endings to send signals to the brain that are interpreted as severe pain, itching and burning. At 26, I am all too familiar with the pain created by shingles.

I have been working for Dr. Andrea McCreery at Life Sources® Inc. for a little less than a year. Instantly I took a strong interest in the field of alternative health. Dr. Andrea was kind enough to start teaching me the endless value behind vital hematology and Targeted Nutritional Intervention™, her specialties. The most effective way to learn is to do, so we began getting my body and mind in shape by taking samples of my own blood and examining them under the microscope. Feeling under the weather one day, I had Dr. Andrea “take a peek under the hood.” She found what are called pleomorphic bacteria, a clue that something was going awry within my body. Five days later, I was bed-ridden with an intense burning sensation across my skin, a high fever and intense fatigue. I was stubborn and refused to go to my medical doctor or take Dr. Andrea’s advice of using Immuzyme® (Life Sources’ Enzyme Energy Formula) and OPC-165® (Life Sources’ powerful triple anti-oxidant). However, once a rash appeared, I recognized something was wrong, and my stubbornness subsided. A test at my medical doctor diagnosed me with shingles. I went home with an antiviral regimen, opiate painkillers and no real solution for my pain.

Six days into my treatment plan, my rash and pain were still an 11 out of 10. Then I had this “duh” moment: Immuzyme! I always associated Immuzyme with our older clientele suffering from chronic fatigue syndrome, fibromyalgia and even multiple sclerosis. Desperation motivated by pain brought me to put assumptions aside and take Immuzyme. To my surprise, one day after starting Immuzyme and OPC-165, my rash started healing at a much faster pace, and I could do simple tasks like getting dressed without the debilitating pain caused by the nerve firings.

Proteolytic anti-inflammatory enzymes (Immuzyme) are nothing new for those suffering from shingles. Prior to pharmaceutical antiviral medications such as acyclovir, proteolytic enzyme preparations like

Immuzyme were used effectively as treatment for shingles. In a double-blind, controlled, multicenter trial, patients were given either acyclovir or an enzyme preparation comparable to Life Sources’ Immuzyme. The study concluded that the enzyme preparation was just as effective as the antiviral acyclovir.

Weeks had passed and my rash had subsided, but my pain continued. Even though the pain was made bearable with Immuzyme, the continued pain I was, and still am, suffering from is called postherpetic neuralgia (PHN). PHN is the most common side effect of shingles and can go on for days, weeks or years after the rash has dissipated.

After the last visit with my medical doctor, I decided to go full bore with a Life Sources protocol. And I am so thankful I did! Dr. Andrea and I decided to take another look at my blood, and it was not pretty. Yeast, parasites, bacteria and liver stress all caused by the pharmaceutical antiviral needed to be taken care of. I was also found to be vitamin B<sub>12</sub> deficient, anemic and loaded with heavy metal and mycoplasmas (slow-growing microorganisms that can cause complex symptoms). Immuzyme, OPC-165, Forever Young and Argentyn 23 have been part of my daily routine; the vast improvement felt across my entire body is impossible to express in writing. Yes, I still have some mild pain. But the fact of the matter is it’s mild! I am getting healthier and able to cope with the pain because of the amazing Life Sources products. My only regret with the Life Sources protocol is not starting sooner! ■

## REFERENCES

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